

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:30							
7:30							
8:30		 ZUMBA Joe	Pump it Up Anne	 ZUMBA Rhonda	CardioSculpt Daria	Simply Strength Daria	
9:30	Yoga Brandon	Pilates Amy	Cardio Core Anne	Pilates Amy	Yoga Brandon	Yoga Instructor rotate	
10:30							
12:15							
4:30	Yoga Brandi		Yoga Brandon				
5:30	 ZUMBA Kari	Step & Pump Paul	 ZUMBA Kari	Step & Pump Paul			
6:30		Yoga Brandon		Yoga Ryan			